

4 SIGHT PRODUCT INFO SHEET



Description

Support for those whose eyes already suffer with age-related anti-oxidant issues.

Ingredients

Quercetin: Is able to stabilize membranes. This is not only true of free-floating blood cells, but also capillary and arterial walls. These activities are due to the ability of quercetin to act as a potent antioxidant. **N-Acetyl L-Cysteine:** Is a precursor to one of the bodies most potent anti-oxidants, glutathione. As an antioxidant, NAC has a number of scavenging activities that benefit many systems in the body and is often used in antioxidant supplements. **Ginkgo:** Perhaps no botanical substance has had the amount of recent research as the leaf extracts of Ginkgo biloba L. The various flavonoids found in Ginkgo are responsible for the tremendous anti-oxidant and free-radical scavenging activities associated with Ginkgo biloba extracts (GBE). GBE has an effect on the overall peripheral circulation, which is especially noticed in increased cerebral circulation. **Bilberry:** The major medicinal compounds in bilberries are the flavonoids, especially the anthocyanosides. These compounds are similar to those found in grapes. The actions of concentrated extracts have been shown to be effective in stabilizing collagen, normalizing capillary permeability, preventing platelet aggregation, and relaxing smooth muscles among other things. The clinical applications of bilberry extracts have been in two major areas: the eyes and the joints. Billberry extracts were shown to be effective in improving night-time vision. **Zinc:** Zinc is considered one of the more important "trace" minerals. Zinc plays a very important role in over 50 different proteins or enzymes in humans. These enzymes are critical for the immune system, overall cellular metabolism, control of protein synthesis and protection of membrane lipid peroxidation. Zinc, in general, is considered an adjunct to the bodies overall antioxidant system. For example, the important free-radical scavenging enzyme super-oxide dismutase (SOD) requires both zinc and copper for its activity. **L-Taurine:** Is able to reduce the calcium-triggered response of blood platelets to various activating factors, and to suppress sympathetic nervous system activity while also reducing the responsiveness of vascular smooth muscle cells to vasoconstricting agents. toxicity is known to exist except in diabetic patients. Diabetic patients should have blood sugar monitored if lipoic acid is to be taken as it is known to improve sugar metabolism and may change insulin needs. **Carotenoids (Lutein, Lycopene):** Studies show that increased intake of lutein can lower the risk of age-related macular degeneration. Researchers have also found low serum levels of lycopene have been shown to increase the risk of ARMD. **Lipoic Acid:** A multipurpose antioxidant, Lipoic Acid inhibits aldose reductase, preventing the sorbitol induced leakage of important antioxidants from eye tissue. Known also as thioctic acid, lipoic acid is fat-soluble and slightly water-soluble. This property has made it a perfect electron transporter for both oxidized ascorbic acid (water-soluble) and vitamin E (fat-soluble). Lipoic acid also contains two thiol (sulfur) groups which allows it to reduce oxidized glutathione. The supplemental use of lipoic acid will have huge impacts on health in the population over the next ten years. Almost any portion of the body can use increased levels of lipoic acid, and no known toxicity is known to exist except in diabetic patients. Diabetic patients should have blood sugar monitored if lipoic acid is to be taken as it is known to improve

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

2 capsules contain	Amount Per Serving	% Daily Value
Zinc (as Chelazome® Amino Acid Chelate)	15 mg	100%
Taurine	400 mg	*
N-Acetyl Cysteine USP™	200 mg	*
Bilberry Fruit Extract (Standardized to contain 25% Anthocyanidins)	150 mg	*
Lipoic Acid	150 mg	*
Quercetin	100 mg	*
Ginkgo Biloba Leaf Extract (Standardized to contain 24% Ginkgo Flavonglycosides and 6% Terpene Lactones)	60 mg	*
Lutein	30 mg	*
Lycopene	6 mg	*
Zeaxanthin	1.5 mg	*

* % Daily Value not established

Other Ingredients: Natural Vegetable Capsules. This product may contain one or more of the following: Calcium Silicate, Magnesium Stearate, Microcrystalline Cellulose and Silicon Dioxide.

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Dosage

SUGGESTED USE: As a dietary supplement, 2 capsules per day or as recommended by your health care professional.

Contraindications

Mild stomach upset or allergic reaction may occur with any herbal product. Move dose closer to meals or cease product use if symptoms persist. Do not take if you are pregnant or nursing.

These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent, or cure any disease. Consult a physician before taking. Should you experience any serious physical side effects from taking these nutritional supplements, discontinue and call your doctor immediately.