

# BETAINE & PEPSIN PRODUCT INFO SHEET



## Description

Used to help support digestion.

## Ingredients

Incomplete digestion is a major cause of occasional gastrointestinal discomfort among older Americans. Surprisingly, the cause often stems from inefficient HCl in the stomach.

### Betaine

The strategy behind Betaine & Pepsin is to help jumpstart acid content in the stomach. Betaine is a safe and excellent source of HCl.

### Pepsin

Your stomach produces the enzyme Pepsin to aid in digestion through the breakup of protein. Pepsin from Ortho Molecular Products is processed for optimal preservation of enzyme activity.

### Why We Encapsulate Betaine & Pepsin.

Many of the products that share the same goals as our Betaine & Pepsin employ one major flaw in their strategy. While many are available only in tablet form, we have chosen to encapsulate this product. The reason: tablets are not broken down well in the stomach, usually passing to the intestines relatively undigested. Capsules, on the other hand, fully dissolve in the stomach, releasing 100% of the contents where it is needed most!

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 112

2 capsules contain	Amount Per Serving	% Daily Value
Betaine HCl USP	1,040 mg	*
Pepsin 1:3,000 Powder	208 mg	*

\* % Daily Value not established

Other Ingredients: Natural Gelatin Capsules. This product may contain one or more of the following: Calcium Silicate, Magnesium Stearate, Microcrystalline Cellulose and Silicon Dioxide.

ID #543225 ~ 225 Capsules

## Dosage

SUGGESTED USE: 1-2 capsules before each meal as recommended by your health care professional.

## Contraindications

*Contraindications: If you are pregnant or nursing, consult your doctor before taking this product.*

*These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent, or cure any disease. Consult a physician before taking. Should you experience any serious physical side effects from taking these nutritional supplements, discontinue and call your doctor immediately.*