

CDG ESTRODIM

PRODUCT INFO SHEET



Description

Breast and prostate health.

Ingredients

CDG EstroDIM is intended for those wanting the benefit of both preformed DIM as well as the precursor I3C for estrogen modulation and breast and prostate health. Indole-3-carbinol (I3C) is a naturally occurring compound within numerous cruciferous vegetables (broccoli, cabbage etc.). After ingestion I3C converts to several different metabolites, one of which is diindolylmethane (DIM). Both of these compounds, as well as other I3C metabolites, have been shown to cause metabolic shifts and cellular activities that inhibit carcinogenesis. General uses include improved phase I and phase II detoxification and antioxidant support.

CDG EstroDIM also contains calcium D-glucurate. Supplementation with calcium D glucurate has been shown to inhibit beta-glucuronidase, an enzyme associated with various health related conditions.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

2 capsules contain	Amount Per Serving	% Daily Value
Vitamin E (as d-Alpha Tocopherol Succinate)	100 IU	333%
Folic Acid	3 mg	750%
Calcium (as D-Glucurate)	120 mg	12%
Calcium D-Glucurate	1,000 mg	*
I3C (Indole-3-Carbinol)	200 mg	*
DIM (Diindolylmethane)	100 mg	*

* % Daily Value not established

Other Ingredients: Natural Vegetable Capsules. This product may contain one or more of the following: Calcium Silicate, Magnesium Stearate, Microcrystalline Cellulose and Silicon Dioxide.

ID #635060 ~ 60 Capsules

Dosage

SUGGESTED USE: 2 capsules per day or as recommended by your health care professional.

Contraindications

Do not consume this product if you are pregnant or nursing. Consult your physician for more information. Individuals on prescription drugs should be aware that I3C and/or DIM may change metabolic profile of drugs metabolized via the cytochrome P450 system.

These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent, or cure any disease. Consult a physician before taking. Should you experience any serious physical side effects from taking these nutritional supplements, discontinue and call your doctor immediately.