

COSMEDIX PRODUCT INFO SHEET



Description

CosMedix is used to help support healthy hair, nails and skin.

Ingredients

Unhealthy hair and nails can be a direct result of poor nutrition. CosMedix provides the essential vitamins, minerals, and phytonutrients necessary for optimal hair and nail growth and health.

Saw palmetto supports the control of dihydrotestosterone (DHT). DHT is thought to be an instigator of premature hair loss. Poor hair health can also be a sign of sulfur or HCl deficiency. For these reasons, MSM and Betaine HCl are added. Premature graying is thought to be a sign of PABA deficiency. Horsetail Grass Powder has been added for a source of silica which plays a role in nail and skin formation.

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 30

3 capsules contain	Amount Per Serving	% Daily Value
Vitamin A (as Palmitate)	5,000 IU	100%
Vitamin D3 (as Cholecalciferol)	50 IU	13%
Folic Acid	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	100 mcg	1,667%
Biotin	500 mcg	167%
Selenium (as Selenium Glycinate Complex)	25 mcg	36%
Methylsulfonylmethane	325 mg	*
Horsetail Grass (aerial portion)	250 mg	*
Saw Palmetto (Standardized to contain > 45% Fatty Acids)	240 mg	*
Stinging Nettles Leaf	240 mg	*
Foti Root	200 mg	*
PABA USP	150 mg	*
Betaine HCl USP	100 mg	*

* % Daily Value not established

Other Ingredients: Natural Vegetable Capsules. This product may contain one or more of the following: Calcium Silicate, Magnesium Stearate, Microcrystalline Cellulose and Silicon Dioxide.

ID #550090 ~ 90 Capsules

Dosage

SUGGESTED USE: 1 capsule three times per day or as recommended by your health care professional.

Contraindications

Do not take this product if you are pregnant or nursing. This product contains the following potential allergens: soy and corn.

These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent, or cure any disease. Consult a physician before taking. Should you experience any serious physical side effects from taking these nutritional supplements, discontinue and call your doctor immediately.