

# REACTED SELENIUM PRODUCT INFO SHEET



## Description

Reacted mineral products provide a full spectrum of fully bioavailable minerals.

## Ingredients

Minerals play an important role in many different systems and structures throughout our body. Often times we may need higher amounts of a specific mineral to provide support for a particular health concern. Ortho Molecular Products' line of fully reacted minerals provides a comprehensive assortment of minerals to support your needs.

We have partnered with Albion, one of the United States foremost manufacturers of chelated minerals. Albion's patented chelation technology stabilizes the minerals while creating some of the smallest absorbable minerals available. This is important because larger minerals cannot pass through the intestinal wall as well and therefore are not as well absorbed by our bodies.

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

1 capsule contains	Amount Per Serving	% Daily Value
Selenium (as Selenium Glycinate Complex)	200 mcg	286%

Other Ingredients: Natural Vegetable Capsules. This product may contain one or more of the following: Calcium Silicate, Magnesium Stearate, Microcrystalline Cellulose and Silicon Dioxide.

ID #254090 ~ 90 Capsules

## Dosage

SUGGESTED USE: 1 or more capsules per day or as recommended by your health care professional.

## Contraindications

*If you are pregnant or nursing, consult your physician before taking this product.*



*These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent, or cure any disease. Consult a physician before taking. Should you experience any serious physical side effects from taking these nutritional supplements, discontinue and call your doctor immediately.*