

SILYMARIN FORTE PRODUCT INFO SHEET



Description

Natural support for gastrointestinal and liver health.

Ingredients

Milk Thistle: The extract of the seed-like fruit (achene) of the milk thistle plant (*Silybum marianum* L.) is known as silymarin. The bioflavonoid complex found in Milk Thistle seeds, Silymarin has found widespread use for over 2,000 years supporting the liver, spleen and kidneys.

Modern research has found the action of this bioflavonoid enhances liver cell protection in three ways:

1. Cholerectic provides a cleansing action within liver;
2. Powerful antioxidant activity adding to cellular protection and resisting free radicals;
- and 3. Overall promotion of healthy liver cells.

Standardized extracts of milk thistle contain up to 80% silymarin and are found alone, or in combination with other liver protecting ingredients.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

1 capsule contains	Amount Per Serving	% Daily Value
Milk Thistle Seed Extract (Standardized to contain 80% Silymarin)	200 mg	*

* % Daily Value not established

Other Ingredients: Natural Vegetable Capsules. This product may contain one or more of the following: Ascorbyl Palmitate, Magnesium Stearate, Microcrystalline Cellulose and Silicon Dioxide.

Dosage

SUGGESTED USE: As a dietary supplement, 1 capsule three times per day or as recommended by your healthcare professional.

Contraindications

Mild stomach upset or allergic reaction may occur with any herbal product. Move dose closer to meals or cease product use if symptoms persist.

These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent, or cure any disease. Consult a physician before taking. Should you experience any serious physical side effects from taking these nutritional supplements, discontinue and call your doctor immediately.